

THE FRONT PORCH

All the happy happenings at Cotton Grove Estate



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Why You Should Avoid Moving Elderly Loved Ones into a State Facility

Rarely are families ready to move their aging loved one into a long-term care facility. Whether it's a skilled nursing facility, or an assisted living or personal care home, it's usually not an easy move. It can be especially challenging for older people to transition into an unfamiliar living environment that doesn't feel like home.

While some people have the option of accessing care at a reduced rate by utilizing state and federal insurance funds, facilities partially or fully funded by government monies are rarely ever the best choice.

At Cotton Grove Estate, we believe everyone deserves to live in a luxurious environment with homemade meals, where love and compassionate care abound.

It's not hard to create a warm environment, lending itself to thriving residents. Luxury private care homes exist all around the United States. However, state-run facilities don't have the budget to create this type of atmosphere. That's where they fall short.



State-run facilities rely on government funds that don't go nearly as far as what's needed to create a warm, home-like environment. Budget priorities are functional rather than aesthetic, even though aesthetics play a huge role in a person's ability to thrive in their environment. Private facilities, on the other hand, are not bound by funding limitations and free to focus not only on providing premium care, but also the little details - like hiring interior decorators to create an environment that supports the residents in feeling good wherever they roam.

Read more at [BigTimeDaily.com](https://www.BigTimeDaily.com)

Caregiver Spotlight: Meredith Brown

The Cotton Grove management team would like to recognize the hard work and dedication of Meredith Brown, who is an integral member of our overnight caregiving team.

Meredith has deep ties to our community, as she has lived in Jesup for most of her life. She is no stranger to the work of caregiving - she also cares for her mother and her aunt. She truly has a heart of gold.

"I love the people I work with and love helping them out," said Meredith. "I enjoy my job."

She is also the mother of two beautiful children, a daughter named Samantha, and a son named Kaleb. Samantha has a daughter named Raelyn and is currently expecting her second child. Ms. Meredith could not be more excited to become a grandmother for a second time, as she has such a special relationship with Raelyn.

"I am very passionate about my job," said Meredith. "My residents, they are like family! They are amazing people."

Meredith, we are so grateful that YOU are part of the Cotton Grove family!





Easter At Cotton Grove Estate

Easter at Cotton Grove Estate was full of fun activities and time spent with friends! We kicked off the weekend by gathering together around the dining room table and decorating some Easter-themed cookies! Mrs. Dale Leggett, daughter of Cotton Grove resident Mrs. Thelma, was kind enough to gift us with all of the necessary supplies.

We're always tickled when our residents ask to spend their holidays here at Cotton Grove instead of elsewhere, because it means we have created an environment that is so comfortable and nurturing that there's nowhere else they'd rather be.





Easter At Cotton Grove, Cont.

We also made time for some arts and crafts with hardboiled eggs!

Arts and crafts are a fantastic way for our residents to socialize while exercising their small motor skills, which can easily decline if they go unused for prolonged periods of time. They always love getting together and letting the creative juices flow!





Style Tips For Decorating Your Loved One's Assisted Living Space

Did your loved one recently move into an assisted living facility? Are you in the process of finding a facility for your loved one? While you've definitely got some important decisions to make, don't forget to plan out how you'll decorate their living space to make it feel as close to home as possible.

Depending on where your loved one lives, you'll have different opportunities to decorate. For example, you may only have one wall to hang pictures if the room is shared and separated by a curtain. Fortunately, that isn't the case at Cotton Grove Estate and other luxury facilities that offer better accommodations.

But even if you don't have a luxury home at your disposal, you can create a luxury feel with fine furnishing. Luxury furnishings make people feel good because they're beautiful, high-quality, and exceptionally comfortable.

And don't forget the bathroom! One beautiful rug can make a huge difference in the way a bathroom appears. Granted, you'll want to make sure the rug doesn't pose a trip hazard.

You may even get permission to help redecorate common areas where your loved one is likely to spend their free time. It never hurts to ask!

Your loved one will also want to be surrounded by their treasured photos of friends and family. However, if they spend a lot of time in bed or in a recliner, they might not be able to see smaller photos placed on dressers and affixed to the wall. Find a large picture frame designed to hold pictures in a collage. Then, enlarge their favorite photos to fit into the various sections in the frame. When the collage is completed, hang it on the wall where they can see the photos best.

You may even want to create a giant poster of their favorite photo. If there's only space for one photo or poster at a time, have multiple prints made and swap them out every couple of weeks.

Read more at StyleMotivation.com!





A Message From Anna

Hello, Friends!

Springtime is in full force here at Cotton Grove Estate, and with the emergence of a new season comes renewed peace and hope for what lies ahead.

This has always been one of my favorite times of year. The weather is just right, which means on any given day, you can find our residents spending a long afternoon on the porch with their friends, enjoying a fresh glass of sweet tea. After all, we're surrounded by so much natural beauty out here on our 50-acre property that it would be a crying shame not to take advantage of the scenery!

And I think that's why so many people jump at the opportunity to move their loved ones in. Sure, we're known for our luxury care, but the amenities Cotton Grove offers don't stop there. You just can't put a price tag on the serenity you feel as a warm breeze washes over your face while you peer out at one of our two large, glistening ponds.

It's one of those things you have to experience for yourself to truly appreciate. But this isn't a one-time occurrence for our residents - it's their everyday life. And knowing that they are receiving top-notch care, surrounded by the beauty only God's hands could have created, brings me untold amounts of joy.

If you've been considering Cotton Grove for yourself or a loved one, give me a call! My personal cell phone number is listed below. Come sit with me and enjoy one of those fresh glasses of sweet tea. I'd love to show you around our little slice of heaven.

Warmly,

Anna Pittard
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