

# THE FRONT PORCH

*All the happy happenings at Cotton Grove Estate*



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## **At Home Or Away? Choosing The Right Living Setting For Alzheimer's Patients**

In recent years, a growing number of seniors have prioritized aging in place – remaining in their homes, even as they require home modifications or assistance to live independently, and for many, this has worked well. For older adults with Alzheimer's, however, living at home is not always an option. To keep these individuals safe, families may have to make challenging decisions, up to and including choosing an institutional placement.

How can families decide where their loved one with Alzheimer's should live? Though it's a difficult and deeply personal decision, understanding the different options can help you make an informed decision.

As time goes on and Alzheimer's patients require more intensive care to keep them comfortable and safe, families will have to consider other living options, including personal care homes, nursing homes, and memory care facilities, each of which offers distinctive services.



At personal care homes, for example, Alzheimer's patients who have progressed to needing help with personal hygiene can receive that added level of care, in addition to support with laundry, cooking, and housekeeping. Personal care homes don't provide significant medical care, but they're an excellent choice for those who struggle with some ADLs or who suffer from incontinence, which is common in Alzheimer's patients.

Read More at [TopDreamer.com](https://www.TopDreamer.com)

## Welcome Home, Mr. Art!

The entire team at Cotton Grove Estate is overjoyed to welcome the newest member of our family, Mr. Art Hamilton!

Mr. Art was born in 1929, during the Great Depression. He is one of five boys. His mother, Alice, was a school teacher and his father, Cecil, was a carpenter. Cecil and Alice owned a modest home in Hobart, Indiana, a small town in the Northwest corner of the state. It was there that Mr. Art was born and raised.

He left home for the first time in the 1950's to join the Marine Corps, where he served his country in the Korean War and met his wife of 66 years, Juanita, who was also a Marine. The pair met while stationed in Parris Island, South Carolina.



Art and Juanita welcomed their first child, a daughter named Cindi, one year after marrying. As was customary at the time, Juanita left the Marine Corps when she became pregnant with Cindi. Mr. Art left the Marine Corps shortly after her birth. He and his wife went on to have two more children, a son named Kent and another daughter named Lyn. Mr. Art also has six grandchildren.

After leaving the Marine Corps, Mr. Art worked in his father's cabinet shop before starting his own rental business in Merrillville, Indiana, which he ran alongside his son Kent until he could no longer work. At that time, Mr. Art became a loving caregiver for his wife Juanita until her death in May 2019.

Above all, Mr. Art is a gentle soul and a gentleman who still opens doors for ladies and is always helpful, compassionate, and caring. We feel very blessed to be able to call him part of the family at Cotton Grove!

Welcome Home, Mr. Art!

## Caregiver Spotlight: Jesslyn Worth

This month we are thrilled to recognize the hard work and tireless dedication of one of our youngest caregivers, the lovely Mrs. Jesslyn Worth!

Jesslyn has been a standout team member at Cotton Grove Estate since October 2019. Although Jesslyn is only 21, she is mature beyond her years and has a special bond with all of the residents she cares for. She always leads by example, making her a fast favorite among the caregiving team!

Jesslyn and her husband, Mr. Wayne Worth, are the proud parents of a 1-year-old daughter and Jesslyn is currently expecting their second child, a baby boy! She is also an animal lover, with two dogs, two cats, and a fish named Swim Shady.

Congratulations, Jesslyn, on your new little bundle of joy, your precious family, and your success as a caregiver. The entire team at Cotton Grove Estate is blessed to know you!





*“The driving force behind everything we do is to treat each resident the way the person who loves them the most would.”*

Anna Pittard

## A Message From Anna

Hello, Friends!

A few weeks ago, we said our final goodbye to my sweet Papa, who was a resident here at Cotton Grove Estate. If you're a regular reader of our monthly newsletter, you may recall that I previously shared my emotional reaction from the day we moved him in.

I was able to experience my Papa's passing as a family member, as opposed to the owner of a business, and I was reminded of just how special the work that we do here truly is.

My Papa will be sorely missed, but I will always be grateful that his final chapter was spent in peace and comfort, surrounded by those who absolutely adored him.

Thank you for trusting myself and my team to do the same for your loved ones. It is our deepest pleasure to care for them as if they are our own family.

Warmly,

Anna Pittard  
Owner, Cotton Grove Estate